



Visit our website at
www.foodallergywis.org

FAAW does not give out medical advice. If you think you have a food allergy, please see a physician.

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The FAAW News

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JANUARY 2008

2007 Year In Review

2007 Proved to be a good year for the newly formed Food Allergy Association of Wisconsin. Some exciting things we saw happen in 2007 were:

- The Food Allergy Awareness Walk held in August at Door Creek Church. Even with the rain we still had 200 people turn out for the event.
 - FAAW Halloween Carnival, Showed us that Halloween can be more than nut filled treats. 37 kids participated in this event.
 - We held 8 meetings and had some great speakers come and talk about topics like eczema, nutrition, preparing your school and daycare,
- and many other great topics.
 - Our membership also saw growth this year adding about 2 new families each month.
 - We added an additional medical advisor to oversee the group. Dr Neal Jain from Dean Health Systems. He joins Dr Michael Ritter with the UW Clinics.
 - We put together three sets of "school training kits" that members can borrow to train their child's preschool, day care and school about food allergies.

I look forward to 2008 with great expectations that we will continue to help families in our

community with their food allergy needs, as well as educate the community and raise awareness about the severity of food allergies.



Buddy Program



If you are new to food allergies and need a helping hand, or if you are willing to lend a helping hand to a newly diagnosed family. Then the Buddy Program is for you. This program is set up to match new members with more experienced members/families. This will help the newly diag-

nosed adapt to the sudden changes associated with food allergies quicker. Your buddy will help you manage your food allergies by; helping with product choices, emotional concerns and just listening to what you need.

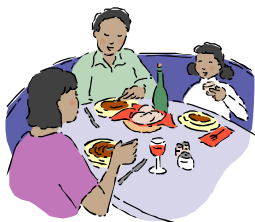
If you need a buddy or would like to be a buddy, please contact Beth Ramos at (608) 516-4447 or beth@foodallergywis.org

Attempts will be made to match similar allergies when matching members.

Committee Volunteers Needed!

Restaurant Committee:

I would like to start a committee to help train local restaurants about food allergies. If you would be interested in being a part of this committee please contact me at sheree@foodallergywis.org



Bus Committee:

This committee would tackle the issue of school buses not allowing children to carry their Epi pens on the school bus and the drivers not being able to administer the Epi pen in case of emergency. If you are interested in being a part of this committee please email me at sheree@foodallergywis.org



School Action Committee:

A school action committee is being set up to address the growing concerns of safe management of food allergies in schools. This Committee will be available to present educational seminars to teachers and school staff. If you are interested in joining this committee please contact Beth Ramos at beth@foodallergywis.org

“Unless you live with food allergies in your family, most people just think food allergies mean you get a tummy ache and runny nose, the more people know the safer our kids will be”
Casey FAAW Member

2008 Kids Expo

The Food Allergy Association of Wisconsin will have a booth at the 2008 Kids Expo.

I look forward to this great opportunity to raise awareness as well as educate the community about food allergies. If you and your family plan to attend the kids expo please make sure to stop by our booth.

Hours:
 Saturday, March 15, 2008
 9 a.m. – 4 p.m.

Sunday, March 16, 2008
 11 a.m. – 4 p.m.

Admission: Adults: \$4 Kids (ages 2-12): \$3 Kids under 2 enter for free!

Location: Exhibition Hall at the Alliant Energy Center
 1919 Alliant Energy Center Way, Madison
 Located at the intersection of John Nolen Drive and Rimrock Road just off the South Beltline Highway.

Discounts to our members

Allergy Kids - 20% Discount on all items on their website. Use coupon code **KIDS**
www.allergykids.com

Label It or Lose It - Place an order and use the code FAAW. \$3 goes back to FAAW and you get a 10% discount
www.labelitorloseit.com

Similac Alimentum, Enfamil Nutramigen, Elecare, Neocate Formula - Please e-mail sheree@foodallergywis.org to get coupons/samples sent to you.

Medicalert - \$5.00 off new membership (*details to come*)
www.medicalert.org



FAAW Partners with Whole Foods Market

Food Allergy Association of Wisconsin (FAAW) has partnered with Whole Foods Market in Madison, and a local allergist, to set up some food allergy training and classes. Beginning with a store tour and product sampling



on March 19, 2008. Whole Foods Market with the help of local allergist and FAAW will be offering a number of classes and training sessions in their store. These will be in addition to our monthly meetings and will be held on Wednesday evenings. Some of the topics we hope to cover are label reading, gluten free cooking, cooking allergen free (i.e. no egg, dairy, etc) this would use other methods and ingredients vs. the allergen.

These classes and training sessions will be open to our group as well as the community in an effort to not only teach those dealing with allergies but also those within our community what having food allergies really mean.

Please watch for more details to come in the upcoming weeks.

As a food service supervisor at Village Creek Bible Camp food allergies are always a concern for us. Debbi

Food Allergy Seminar-Camp Conference

We have been asked to present a one hour training session at the Iowa -Wisconsin Christian Camp Conference Association. Being held the week of March 9- 12, 2008.

We will be speaking to the food service personnel as well as other camp staff about addressing the special dietary needs of those with food allergies and looking at best practices - communicating with

families; providing quality, safe food service; identifying allergens (label reading); and anything else pertinent that fits into an hour-long workshop

I feel that this will be a great opportunity for the food allergic community to help set up some "best practices" when it comes to camps and food allergic families. There are over 100 camps in this conference.



I should have a list of camps in attendance after the event.

2008 Food Allergy Awareness Walk

The 2008 Food Allergy Awareness walk will be held August 9, 2008 at Door Creek Church in Madison.

Please watch for More details to come!

If you are interested in volunteering to help plan the walk we would love to hear from you. Please email me at sheree@foodallergywis.org

We need people to help with the walk logistics, walker recruitment, publicity, sponsorship, and setup/cleanup.

2007 Walk →

2006 Walk ↘





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Support, Awareness, Education
We pick up where the doctor leaves off

The Food Allergy Association of WI Mission is: ... to provide a supportive group environment for parents of children with food allergies; ... to raise awareness about the prevalence & severity of food allergies and the challenges of raising a child with food allergies, and; ... to inform and educate parents, caregivers, peers, and educators about safely caring for children with food allergies.

We are a member of the Asthma and Allergy Foundation of America Food Allergy Groups.

Although our organization has medical advisors, we are not qualified to give medical advice. We are however; happy to share our personal experiences and tips on how manage food allergies.

The information provided by the support group and this website is designed to support, not replace, the relationship that exists between a patient and his/her existing physician.

Any reference to available products ,services, or procedures should not be interpreted as an endorsement.

Thank You

Meeting Space:

Holy Cross Lutheran Church and School

Medical Advisors:

Dr Michael Ritter—UW Clinics

Dr Neal Jain—Dean Health Systems

Discounted Printing:

UPS Store—Fitchburg

Educational Materials:

Asthma and Allergy Foundation of America (AAFA)

Epipen Dey L.P.

Miscellaneous Donations:

Whole Foods Market

Nikole Luedke

Jolene Guberud

Walk Location:

Door Creek Church

Lending Library Donations:

Linda Marienhoff Coss—*Whats to Eat Milk Free, Egg Free, Nut Free Food Allergy Cookbook*

Dina Clifford—*Beyond a Peanut Flash-cards*

Robert Wood, MD and Joe Kraynak—*Food Allergies for Dummies*

Christina Black - *Mommy is this safe to Eat*

Product samples provided by:

Sungold Foods

Ener-G Foods

Divvies

Hodgson Mill

Ian's Natural Foods

Nu-World Foods

